



THE ENERGY OF LIFE: MEDICINE FOR THE 21ST CENTURY

DONNA EDEN, a pioneer in the field of holistic healing, is among the world's most sought after, most joyous, and most authoritative spokespersons for energy medicine. Her abilities as a healer are legendary and her invigorating presentations are rich with audience participation and stunning demonstrations.

Learn how to use Energy Medicine techniques and remedies to increase your vitality, enhance your health, boost joy, and send healing to areas of your body that need attention.

On Friday night, you will learn simple techniques for optimizing your body's energies that you can use for the rest of your life as well as tools for helping those you love. Learn how to methodically and precisely direct energy for your personal health and happiness.

In Saturday's workshop, you will go in-depth with Donna as you learn user-friendly techniques and remedies that you can use in a wide range of applications as well as practical strategies for health and healing.

FRI/March 12 Hands-on Introduction

7:30pm / \$20

SAT/March 13 Experiential Workshop

10:00am - 4:00pm / \$119 includes Free Admission to Friday



"Donna Eden is one of the most joyous and effective pioneers in the rapidly expanding and vitally important frontier called energy medicine."

— *Christiane Northrup, M.D.*

"Donna Eden's body energy work is perhaps the most brilliant, comprehensive, and effective system in the genre that I have ever seen"

— *Jean Houston*



UNITY TEMPLE ON THE PLAZA

47th & Jefferson Street, Kansas City, MO 64112

Preview Donna's Videos and Learn More at www.CornerstoneFoundation.com

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